

**Register Today!**

Start Here 

- 1 Type [www.myhealth.va.gov](http://www.myhealth.va.gov) in the address bar on your web browser, and then press Enter. This takes you to VA's My Health eVet website.
- 2 On the right-hand side of the screen, click the [Register Today](#) button. Complete the registration page, and review and accept the Terms & Conditions and the Privacy Policy for using the My Health eVet website.
- 3 Log into your My Health eVet account and begin to create your Personal Health Record (PHR).
- 4 Begin using My Health eVet to access VA health care and services at your convenience to better manage your health. Also, if you are a VA patient, take some time to watch the In-Person Authentication (IPA) video online.
- 5 Bookmark [www.myhealth.va.gov](http://www.myhealth.va.gov) as a favorite and make a note, if you are a VA patient, to get an upgraded account during your next VA clinic visit to get the most out of your PHR.

### Get an Upgraded Account with In-Person Authentication (IPA)

To get the most out of My Health eVet, Veterans are urged to visit their local VA health care facility to get an upgraded account, known as In-Person Authentication (IPA). Before VA patients can refill their VA medications by name, access their VA Wellness Reminders, and participate in the future features of My Health eVet, Veterans need to complete the IPA process (takes approximately 10 minutes) as a security measure. The purpose of the one-time IPA process is to verify the Veteran's identity, in-person. This complies with VA policy and protects Veterans' identities. It's a simple process that will enhance a Veteran's use of My Health eVet and allow access to other features as they become available.

# www.myhealth.va.gov VA's Personal Health Record (PHR)

## About My Health eVet

My Health eVet is VA's award-winning online Personal Health Record (PHR), located at [www.myhealth.va.gov](http://www.myhealth.va.gov). It offers Veterans, active duty Service members and others anywhere, anytime Internet access to health care information, resources, and tools. Launched nationwide in 2003, My Health eVet is the gateway to web-based tools that empower Veterans to become active partners in their health care. With My Health eVet, users access trusted, secure, and informed VA health and benefits information at their convenience.

## My Health eVet Mission

The mission of My Health eVet is to improve health care for all Veterans, independent of where they receive care, by providing one-stop, online access to better manage their overall health, make informed health decisions, and record and store important health and military history information. It is access to VA health care and information 24/7.

## My Health eVet Features at a Glance:

- ▶ Refill VA prescriptions online\*
- ▶ View personal VA Wellness Reminders\*
- ▶ Access On-line Medical Libraries
- ▶ Keep track of personal health information
- ▶ Self-enter military and family health histories
- ▶ Track illnesses, accidents, or other events
- ▶ Enter and track over-the-counter medications, immunizations, and tests
- ▶ Record, track, and print (if desired) important vital statistics
- ▶ Explore the Healthy Living Centers and Diseases & Conditions Centers
- ▶ Future features specifically for VA patients include Secure Messaging between VA patients and their participating VA health care providers, receiving VA laboratory results, viewing VA appointments, and more.\*

\* Requires In-Person Authentication (IPA)

