



Operation Restoration is:

Operation: Restoration is an opportunity for a couple to experience a sense of renewal in their relationship following combat deployment.

This weekend retreat offers a chance for relaxation, self-discovery, enhanced communication, and interaction as a couple.

Provided amenities include your room, meals, social and recreational activities and a few special surprises to help you on your path to rejuvenation.



Operation Restoration is staffed by VA professionals specializing in post deployment care services.

What others have said about their experience:

- ◆ *" We grew as a couple, learned a lot and had a great time. "*
- ◆ *"We got to reconnect and share our love again"*
- ◆ *"Gave us the chance to really concentrate on our lives together"*
- ◆ *"Feels like a fresh start or a new beginning"*
- ◆ *"I fell back in love with my best friend!"*
- ◆ *"Truly an eye opening experience "*
- ◆ *"Going to be one of our fondest memories for a long time "*
- ◆ *"A true God send"*
- ◆ *"Made me realize just how special she really is to me "*
- ◆ *"We were able to reconnect this weekend and to remember why we fell in love"*



Roudebush VA Medical Center

Operation: Restoration
1481 West 10th Street - SMLES TR 11
Indianapolis, Indiana 46202

Phone: 317-554-0000 ext 8-2153
Fax: 317-988-5480
E-mail: INDOEF_OIF@va.gov

REJUVENATE THE RELATIONSHIP



2013 RETREAT DATES

April 12-14

June 21-23

September 20-22

Register early– limited spaces available

Register Online:

<http://www.indianapolis.va.gov/freedom.asp>

Meet us at:
Wooded Glen Retreat and
Conference Center
2602 Hebron Church Rd.
Henryville, IN 47126



Operation Restoration offers you ...

- Relaxation
- Reconnection with significant other
- Tools to enhance your communication skills
- Quiet time away from everyday stresses
- A better understanding of each other
- A chance to meet others who "have been there"
- Delicious home style dining
- Quiet country setting
- Professional portraits and photos



"This weekend was a blessing on our relationship physically, emotionally and socially. We haven't been this relaxed and open to each other and around others in so long."

What to Expect:

- ◆ Comfortable private rooms with private bathrooms
- ◆ Professional staff
- ◆ Interesting conversation with other Veterans and their significant others
- ◆ Casual dining
- ◆ Caring VA counselors available
- ◆ Private time with your significant other
- ◆ Opportunities for building new memories
- ◆ Time to practice new skills learned in sessions
- ◆ New friendships
- ◆ Fun and Laughter



I-65 to exit 19. 1-60 East toward Henryville. Turn left at the 4-way stop on to 31 North. Go a little less than a mile and turn right on Hebron Church Rd. Go 2.7 miles, Wooded Glen will be on the right.

<http://www.woodedglen.com/>

