

## Indianapolis Caregiver Support

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### FACT SHEET

## Caregiver Services for Veterans of all Eras

#### FACTS:

Current VA programs for Veterans and their Family Caregivers include:

- **In-Home and Community Based Care:** This includes skilled home health care, homemaker home health aide services, community adult day health care and Home Based Primary Care.
- **Respite Care:** Designed to relieve the Family Caregiver from the constant challenge of caring for a chronically ill or disabled Veteran at home, respite services can include in-home care, a short stay in one of VA's community living centers or an environment designed for adult day health care.
- **Caregiver education and training programs:** VA currently provides multiple training opportunities which include pre-discharge care instruction and specialized caregiver programs in multiple severe traumas such as Traumatic Brain Injury (TBI), Spinal Cord Injury/Disorders, and Blind Rehabilitation. VA has a Family Caregiver assistance healthy living center on My HealthVet, [www.myhealth.va.gov](http://www.myhealth.va.gov), as well as caregiver information on the VA's main Web page health site; both Websites include information on VA and community resources and Caregiver health and wellness.
- **Caregiver support groups and other services:** Family Caregiver support groups, offered in a face to face setting or on the telephone, provide emotional and peer support, and information. Family Caregiver services include family counseling, spiritual and pastoral care, family leisure and recreational activities and temporary lodging in Fisher Houses.
- **Other services:** VA provides durable medical equipment and prosthetic and sensory aides to improve function, financial assistance with home modification to improve access and mobility, and transportation assistance for some Veterans to and from medical appointments.