

Mental Health (MH) Programs

The Roudebush VA Medical Center offers multiple specialized Mental Health (MH) programs in addition to general outpatient and inpatient services. Please call (317) 988-2780 regarding any of these programs.

Domiciliary Residential Rehabilitation Treatment Program (DRRTP)

The Domiciliary Residential Rehabilitation and Treatment Program (DRRTP) in Indianapolis is a 50-bed therapeutic residential facility for homeless Veterans within the region. We coordinate a wide variety of therapies and skills training to address issues that keep our Veterans from living independently. Services include: Living Skills, Substance Abuse, Vocational Rehabilitation, Spiritual Support, and Personal Development. These are provided by specialists in their field.

Participants take initiative in working on their own goals and utilize staff as a resource for recovery. Expected length of stay is from 90 to 180 days.

Post Traumatic (PTSD) Clinical Team

The Post Traumatic Stress Disorder (PTSD) Clinical Team provides a variety of outpatient, best-practice treatment interventions for Veterans who are experiencing stress related to a traumatic military experience with post military service. The organization of the clinic and classes is designed to be flexible, and create an environment in which the Veteran and their family can learn to benefit from a variety of evidence-based, state of the art, treatment interventions.

Mental Health Intensive Care Manage (MHICM)

The Mental Health Intensive Care Manage (MHICM) program is a community based psychiatric treatment program designed to help Veterans achieve individual recovery goals in their home setting. MHICM offers intensive and comprehensive services provided by a team of skilled clinical case managers in community settings who offer supportive services for individuals diagnosed with serious mental illness. MHICM staff can also provide individual psychotherapy if requested. MHICM staff goes to Veterans' homes and provide case management, therapeutic and some nursing services. The focus is on rehabilitation through practical problem solving, crisis resolution, adaptive skill building and transition to self-care while living independently in the community. Each Veteran is usually seen once per week, more if needed. All Veterans receive monthly medication appointments with either a physician or Clinical Nurse Specialist. Although encouraged to be independent, Veterans may be provided assistance with transportation to appointments.

Suicide Prevention Program

The Roudebush VA Medical Center in Indianapolis, Indiana, has a dedicated Suicide Prevention Program based on promoting public health strategies to prevent suicide. The Suicide Prevention Coordinator and a team of Suicide Prevention Case Managers provide enhanced case management and clinical support to Veterans who are struggling with suicidal behavior. This individualized attention is provided in conjunction with designated VA clinics and mental health clinicians to help address the often multi-layered needs of the Veteran experiencing an emotional crisis. The Suicide Prevention Program also provides local crisis intervention and responds to Veteran referrals received from the National VA Suicide Hotline, 1-800-273-TALK (8255).

If you or a Veteran you know are in an emotional crisis please contact the National VA Suicide Hotline, 1-800-273-TALK (8255), press 1 for Veterans.

For more information or to speak with the Indianapolis VA Suicide Prevention Coordinator, please call: 317-988-3213.

Telemental Health Services

Veterans Health Administration has developed a national home telehealth information technology infrastructure to support the ongoing care of Veteran patients. Veteran patients' diagnosis with Post Traumatic Stress Disorder (PTSD) and Depression can be monitored at home using home telehealth technologies. This prevents or delays Veterans from needing to travel to medical centers or Community Based Outpatient Clinics (CBOCs) to frequently access services. Veterans may eventually benefit from assistive technologies in the home to help with self-management of care.

HUD-VASH (HUD-VASH) Program

The Housing and Urban Development Veterans Affairs Supportive Housing (HUD-VASH) program is part of an agreement between the Department of Veteran Affairs and the Department of Housing and Urban Development. HUD-VASH provides clinically approved case management and affordable housing to homeless Veterans and their families.

Grant & Per Diem Program

The Grant Per Diem program offers supportive transitional housing for homeless Veterans with a substance abuse/dependence and/or mental health diagnosis. In Indianapolis, the team works with four community non-profit organizations, or Grant Per Diem providers, Volunteers of America (VOA), Hoosier Veterans Assistance Foundation (HVAF), Partners in Housing (PIH), and Homeless Initiative Program (HIP) for a total of six projects or around 200 "beds." Each organization operates their own program for Veteran, but must comply with specific national guidelines for safe and acceptable housing and services. Veterans can remain in the Grant Per Diem housing for up to two years, while they work on goals set forth on their treatment or service plan. The housing is provided at no cost to the Veteran, although some Grant Per Diem providers do charge a program fee or rent once the Veteran secures a stable income.

Our phone number is (317) 988-2780. Our after hours phone number is (317) 988-4498. Outside area code (317), the number is 888-342-7607.